#### ANTI-BULLYING POLICY



# **Purpose and Scope**

Momentum School of Dance is committed to providing a safe, inclusive, and supportive environment where all students, staff, and families are treated with dignity and respect. Bullying, in any form, is unacceptable and will not be tolerated. This policy applies to all members of our school, including students, staff, parents, and visitors, and covers bullying that occurs both within and outside of school activities.

### 1. Definition of Bullying

Bullying is any behaviour, intentional or unintentional, that hurts, harms, or humiliates another person physically, emotionally, or socially. It can take many forms, including but not limited to:

- **Physical bullying:** Hitting, pushing, or any other form of physical harm.
- Verbal bullying: Name-calling, teasing, threats, or offensive remarks.
- **Social bullying:** Excluding someone from a group, spreading rumours, or damaging someone's social reputation.
- **Cyberbullying:** Sending harmful messages, sharing inappropriate images, or engaging in online harassment via social media, email, or other digital platforms.

### 2. Principles

- Every individual has the right to feel safe and respected at Momentum School of Dance.
- We encourage a culture of kindness, inclusivity, and mutual respect.
- All members of the community have a responsibility to report bullying and support those affected.

#### 3. Preventative Measures

To create a safe and positive environment, Momentum School of Dance will:

- Educate students and staff about the importance of respect and the impact of bullying.
- Incorporate anti-bullying themes into our curriculum and activities, including dance performances and workshops.
- Train staff to recognize and address bullying behaviour effectively.
- Promote open communication by encouraging students and parents to voice their concerns.

# 4. Reporting Bullying

Anyone who experiences or witnesses bullying is encouraged to report it as soon as possible. Reports can be made to:

- A teacher or staff member.
- The School Principal. Reports will be handled confidentially, and all concerns will be taken seriously.

### 5. Responding to Bullying

When bullying is reported, Momentum School of Dance will:

- Investigate the incident promptly and thoroughly.
- Support the victim to ensure their safety and well-being.
- Address the behaviour of the individual(s) responsible for bullying through appropriate consequences, guidance, or disciplinary actions.
- Involve parents or guardians when necessary to resolve the situation.

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# 6. Consequences of Bullying

Depending on the severity of the incident, consequences may include:

- Verbal or written warnings.
- Suspension from classes or activities.
- Permanent removal from Momentum School of Dance in extreme cases.

# 7. Support for Those Affected

Momentum School of Dance will provide support for anyone affected by bullying, including:

- Counselling or emotional support resources.
- Opportunities to rebuild confidence and social connections within the school community.

# 8. Monitoring and Review

This policy will be reviewed annually to ensure its effectiveness and alignment with best practices. Feedback from students, staff, and parents is welcomed to improve our approach to preventing and addressing bullying.

#### 9. Contact Information

For questions or concerns related to this policy, please contact Momentum School of Dance via the following:

Email: MSODOffice@Gmail.com

Phone: 07915 268150

Together, we can create a safe and inspiring environment for everyone to grow and thrive through dance.